

Spa Treatments

Facial Healing

All facials include a neck and shoulder massage, a hand and arm massage, and a scalp and facial massage, except for the Express Facial which only includes a scalp and facial massage.

Purifying Facial Treatment

60 min R780

Purify and replenish decongested, unbalanced skin. A healing blend rich in minerals like copper, manganese, calcium, and magnesium and powerfully rich in antioxidants, nourishing and detoxifying the skin from deep inside promoting smooth soft skin.

Deep Skin Renewal

60 min R780

A deep invigorating treatment noticeably providing energy to each skin cell. Stimulating blood circulation and metabolism with manual microdermabrasion. Reduce age-related skin appearances as well as impurities, scarring, pigmentation and sun damage. This treatment visibly improves the skin's appearance and creates a flawless radiant and healthy glowing skin.

Brightening Facial

60 min R780

Your skin will be instantly brighter, refined and glowing with the use of hyaluronic acid and niacinamide. Penetrating deep into the dermis on a cellular level hyperpigmentation, deep dehydration and dull skin tone will begin to repair.

Malachite Facial With Collagen Eye Treatment

75 min R890

Malachite Crystal Extract, Baobab fruit Powder and Omega Rich luxury facial, delivers a powerful combination to detox, heal, protect and rejuvenate damaged, tired skin. Treating uneven skin tone with powerful vitamin C to free the skin from damaging free radicals, not forgetting the delicate skin around the eyes. Collagen Crystal treatment renews and plumps the skin forming a youthful even result.

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Express Facial 30 min R520
Bespoke facial, including cleanse, exfoliation, tonic with hyaluronic acid and vitamin C, mask, serums and moisture.

Add your choice of:

Collagen Eye Treatment R290
Muscular Releasing Back, Neck and Shoulder (30-minute massage) R350
Reflexology (30 minutes, includes exfoliation) R250

Therapeutic Massages

Back, Neck and Shoulder Massage 30 min R590
60 min R670

Full-body Massage 60 min R750
90 min R960

Pregnancy Massage 60 min R750

Add your choice of:

Hot Stone R80
Deep Tissue R80
Sports Massage R90
Aromatherapy Sleep: calm the mind and body, sleep R60
Aromatherapy Uplifting: elevate mood and feeling of peace R60
Aromatherapy Heal: boost the immune system and resistance R90

Body Therapy

Reflexology (includes exfoliation) 45 min R450

Stress Relief Scalp and Neck Massage 30 min R420

Full-body Exfoliation 45 min R550

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Hands and Feet

Manicure	60 min R420
Pedicure	60 min R520
Express Manicure	30 min R350
Express Pedicure	30 min R350
Gel Removal	30 min R180
Silky Soft Foot Peel	20 min R170
Re-varnish	R80

Vouchers

Choose any of the above as a gift, incentive or a thank you.

Packages

All packages can be tailored for expectant ladies.

Muscle Release Gables De-stress	2h R1200
Welcome Tea	
Muscle Relaxant Back and Neck Exfoliation	
Hot Stone Back, Neck and Shoulder Massage	
Spinal Therapy Back Wrap	
Hand and Arm Stretch Massage	
Foot and Leg Massage	
Ancient Sun Experience	2.5h R1500
Welcome Tea	
Aromatherapy Full Body Massage	
Malachite Luxury Facial	
Crystal Collagen Eye Treatment	
Cooling Foot and Leg Treatment	

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Celestial Delight

2.5h R1600

Welcome Tea

Aromatherapy Back, Neck and Shoulder Massage

Scalp and Neck Massage

Brightening Facial

Foot and Leg Massage

Nourishing Platter

Glass of Wine

Highly recommended treatments for couples, booked in our couples room:

Couples Full-body Massage	60min R1500
Couples Full-body Massage	90min R1920
Couples Ancient Sun Experience	2.5h R3000
Couples Celestial Delight	2.5h R3200

Spa Policy

- Cancellation notice needs to be given 24 hours in advance. 100% of the treatment fee will be charged if adequate time is not given to the spa.
- Please arrive 15 minutes prior to your booking.
- Late arrival will result in a reduction of treatment time.
- The right of admission is reserved.
- Please switch off your cell phone or put it on silent.
- Please wear comfortable clothing and shoes.
- Relax, enjoy and let the stress and tension melt away.

Spa Contact Details

Tel: 021 809 1931

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