



FACIAL TREATMENTS

PURIFYING FACIAL TREATMENT 60 min R630.00
Purify and Replenish decongested, unbalanced skin. A healing blend rich in minerals like copper, manganese, calcium and magnesium and powerfully rich in antioxidants, nourishing and detoxifying the skin from deep inside promoting smooth soft skin.

DEEP SKIN RENEWAL 60 min R740.00
A deep invigorating treatment noticeably providing energy to each skin cell. Stimulating blood circulation and metabolism with manual microdermabrasion. Reduce age-related skin appearances as well as impurities, scarring, pigmentation and sun damage. This treatment visibly improves the skin's appearance and creates flawless radiant and healthy glowing skin.

MALACHITE FACIAL WITH COLLAGEN EYE TREATMENT 60 min R860.00
Malachite Crystal Extract, Baobab fruit Powder and Omega Rich luxury facial delivers a powerful combination to detox, heal, protect and rejuvenate damaged, tired skin. Treating uneven skin tone with powerful vitamin C to free the skin from damaging free radicals, not forgetting the delicate skin around the eyes. Collagen Crystal treatment renews and plumps the skin forming a youthful even result.

COLLAGEN CRYSTAL EYE TREATMENT 30 min R390.00
A synergy of Pearl essence and collagen delivers a one-way absorption rate of 98 %. An instant whitening, performance moisturising, firming of the pores and replenishing of lost collagen and elastin is delivered in one single treatment.

Add your choice of:

Vitamin C Therapy, Vitamin E Therapy, Skin Repair Therapy	R90.00
Collagen Therapy, Anti Acne Therapy	R120.00
Muscular Releasing Back Neck and Shoulder 30 Minute Massage	R350.00
Reflexology (30 minutes, includes exfoliation)	R250.00

MEDICAL AESTHETIC ANTI-AGEING

RECOMBINANT COLLAGEN CHANNELLING R1300.00
Skin Tissue Engineering to optimise skin therapeutic health based on the latest advancement in skin therapy technologies. Collagen Type iii Induction is absorbed straight into the skin, repairing and reconstructing lost collagen and elastin for extreme results.

GOLD STANDARD MICROCHANNELLING R1200.00
This is a Game Changer for Skin. Stimulate the synthesis and contraction of collagen and elastin fibres in your skin by means of Collagen Induction Therapy (CIT). Our micro-channelling protocol is performed with fractionated Hyaluronic Acid and Retinoic Acid for an immediate collagen contraction and enhancement of the skin's tensile strength. Extreme results in one treatment.

Please ask about our Menopausal and Intimate Therapy Treatments.

THERAPEUTIC MASSAGES

Back Neck and Shoulder Massage	30 min R480.00
	60 min R590.00
Full Body Massage	60 min R670.00
	90 min R960.00
Add your choice of:	
Hot Stone	R80.00
Deep Tissue	R80.00
Herbal Extract Spinal Therapy:	
Calm: Passiflora and Lemon Balm	R55.00
Cell Oxygenation: Ginseng, Kola and Liquorice	R55.00
Vitamin C: Rosehip and Rosehip Extract	R90.00
Aromatherapy Blend:	
Calm: anxiety, stress, insomnia, calms the mind	R60.00
Uplifting: feeling down, need to lift the mind and body	R60.00
Immune boosting: increase immune defences	R90.00
Reflexology	45 min R450.00
Stress Relief Scalp and Neck Massage	30 min R420.00

VINE THERAPY

Spier Spa Signature Treatment	2 hour R970.00
Neroli & Grapeseed Back & Neck Exfoliation. Detox Spinal Back Wrap. Pressure Point Scalp Massage. Muscle Release Foot & Leg Massage. Back, Neck and Shoulder Massage	

HANDS AND FEET

Manicure	60 min R390.00
Pedicure	60 min R450.00
Silky Soft Foot Peel	20 min R120.00
Re-varnish	R80.00

SMOOTHING

Half leg wax / Arm wax	30 min R220.00
Full leg wax	1 hour R320.00
Underarm wax / Face wax	20 min R200.00
Lip / chin / brow wax	15 min R120.00
Bikini wax	30 min R180.00
Brazilian wax	40 min R280.00
Hollywood wax	1 hour R320.00
Back wax	45 min R320.00

VOUCHERS

Choose any of the above as a gift, incentive or a thank you.

PACKAGES

Add a deliciously wholesome spa lunch with a glass of Spier wine to any package.
All packages can be tailored for pregnant ladies.

DELUXE SOLE HERITAGE 2 hours R1100.00 pp

1 x Welcome De-Stress Tea
1 x Herbal Extract Spinal Therapy
1 x Stress Release Back, Neck and Shoulder Massage

1 x Hot Stone Pedicure
1 x Hand & Arm Treatment Massage
1 x Sweet Spoil to end your treatments

MUSCLE RELEASE GABLES DE-STRESS 2 hours R1200.00 pp

1 x Welcome De-Stress Tea
1 x Muscle Relaxant Back and Neck Exfoliation
1 x Herbal Extract Spinal Therapy
1 x Hot Stone Back, Neck and Shoulder Massage
1 x Stress Release Neck and Scalp Massage
1 x Cooling Foot and Leg Treatment
1 x Sweet Spoil to end your treatments

ANCIENT SUN EXPERIENCE 2.5 hours R1500.00 pp

1 x Welcome Tea
1 x Malachite Luxury Facial
1 x Crystal collagen eye treatment
1 x Cooling Foot and Leg Treatment
1 x Aromatherapy Full Body Massage
1 x Sweet Spoil to end your treatments

COUPLES DELIGHT 2 hours R1600.00 pp

1 x Welcome Tea
2 x Aromatherapy Full Body Massage
2 x Melon Seed and Baobab Facial Pressure Point Massage
2 x Reflexology
1 x Bottle of Spier Signature Wine
1 x Snack Platter

SPA POLICY

Cancellation notice needs to be given 12 hours in advance. 50% of the treatment fee will be charged if adequate time is not given to the spa.
Late arrival will result in a reduction of treatment time.
The right of admission is reserved.
Please switch off your cell phone or put it on silent.
In-room treatments can be arranged with 12-hour notice. A surplus of R100 will be charged.
Relax, enjoy and let the stress and tension melt away.