



## THE SPA AT SPIER

### Treatment Menu

#### Facial treatments

NURTURE. PROTECT. HEAL

Did you know your skin absorbs 64% of what you place on it?

Our Skincare is proudly free from all parabens, petroleum, pesticides, propylene, phthalate sulphates, GMO's and artificial dyes or fragrances. Heal your body by healing your skin.

#### PURIFYING FACIAL TREATMENT

*60 min R 550.00*

Purify and Replenish decongested, unbalanced skin. A healing blend rich in minerals like copper, manganese, calcium and magnesium. Powerfully rich in antioxidants, nourishing the skin from deep inside promoting smooth soft skin.

#### ENLIGHTENING FACIAL

*60 min R 690.00*

Illuminate uneven skin, dark spots, scars and or sun damage, while healing the deep layers on a cellular level. Increase skin elasticity and reversing uneven skin tone for a flawless radiant and healthy glowing skin.

#### DEEP SKIN RENEWAL

*60 min R 650.00*

A deep invigorating treatment noticeably providing energy. Stimulating blood circulation and metabolism with manual microdermabrasion. It helps to reduce age-related skin appearances as well as impurities, scarring and pigment disorders. The treatment visibly improves the skin's appearance and harmonizes its surface.

#### MALACHITE LUXURY FACIAL with COLLAGEN EYE TREATMENT

*60 min R 750.00*

Malachite Crystal Extract, Baobab fruit Powder and Omega Rich luxury facial, delivers a powerful combination to detox, heal, protect and rejuvenate damaged, tired skin. Treating uneven skin tone with powerful vitamin C to free the skin from damaging free radicals, not forgetting the delicate skin around the eyes. Collagen Crystal treatment renews and plumps the skin forming a youthful even result.



**ULTIMATE SPIER SECRET FACIAL**

90 min R 950.00

Your journey starts with an organic back and neck exfoliation followed by a muscular releasing massage, using a collagen building Soy Wrap. We know that a stressed muscular system can place much gravity on the facial muscles. Then fall in love with the harvest of the season. Garden to Skin secrets amplify the senses. Nourish and heal the skin from within, reconstructing the integrity of the skins immune system. Long lasting hydration as well as Collagen and Elastin rebuilds the structure of your features. This truly is the ULTIMATE.

**COLLAGEN CRYSTAL EYE TREATMENT**

30 min R 340.00

A synergy of Pearl essence and collagen delivers a one way absorption rate of 98 %. An instant whitening, performance moisturising, firming of the pores and replenishing of lost collagen and elastin is delivered in one single treatment.

Eyelash Tint/Eyebrow Tint	R 120.00
Eyebrow Shape/Wax	R 120.00

**Therapeutic massages**

*Add your choice of:*

Hot Stone	R 50.00
Signature Aromatherapy Blend	R 50.00
Deep Tissue	R 80.00

Back Neck and Shoulder Massage	30 min R 420.00
	60 min R 510.00

Full Body Massage	60 min R 580.00
	90 min R 840.00

Reflexology	45 min R 420.00
Stress Relief Scalp and Neck Massage	30 min R 390.00

**Garden to Skin**

**SPIER SPA SIGNATURE TREATMENT**

2 hour, R 890.00

Organic Back and Neck Exfoliation ~ Harvest of the Season Back Wrap ~ Pressure Point Scalp Massage ~ Peppermint and Aloe Foot to Leg Treatment Massage ~ Back, Neck and Shoulder Massage



## Body Treatments

Summer: Harvest Full Body Exfoliation	45 min R	550.00
Winter: Harvest Full Body Exfoliation	45 min R	550.00
Spicy Cellulite Buster – Deep Smoothing	30 min R	420.00
Myrrh and Rose Hand to Arm Treatment Massage	30 min R	390.00
Peppermint and Aloe Foot to Leg Treatment Massage	30 min R	390.00

## Hands and Feet

Manicure	60 min R	320.00
Pedicure	60 min R	390.00
Gel Pro Polish	10 min R	200.00
Gel Removal	20 min R	120.00
Toe Wax	R	80.00
French Paint	R	50.00
Silky Soft Foot Peel	20 min R	80.00
Re-varnish	R	80.00

## Smoothing

Half Leg Wax/ Arm Wax	30 min R	180.00
Full Leg Wax	1 hour R	220.00
Underarm Wax/Face	20 min R	140.00
Lip/Chin/Brow Wax	15 min R	80.00
Bikini Wax	30 min R	180.00
Brazillian Wax	40 min R	280.00
Hollywood Wax	1 hour R	320.00
Back Wax	45 min R	320.00

## Packages

### DELUXE SOLE HERITAGE:

*2 hour, R890.00 pp*

- 1 x Welcome Tea
- 1 x Aromatherapy Back, Neck and Shoulder Massage
- 1 x Hot Stone Pedicure
- 1 x Myrrh and Rose Hand to Arm Treatment Massage
- 1 x Sweet spoil to end your treatment

### MUSCLE RELEASE GABLES DE-STRESS

*2 hour, R930.00 pp*

- 1 x Welcome Tea
- 1 x Muscle Relaxant Back and Neck Exfoliation
- 1 x Dual Action Back Pack Wrap

- 1 x Peppermint and Aloe Foot and Leg Treatment Massage
- 1 x Hot Stone Back, Neck and Shoulder Massage
- 1 x Sweet Spoil to end your treatment

#### ANCIENT SUN EXPERIENCE

*2 ½ hour, R1300.00 pp*

- 1 x Welcome Tea
- 1 x Enlightening Facial
- 1 x Crystal collagen eye treatment
- 1 x Peppermint and Aloe Foot and Leg Treatment Massage
- 1 x Muscle Relaxant Back and Neck Exfoliation
- 1 x Dual Action Back Pack Wrap
- 1 x Sweet Spoil to end your treatment

#### COUPLES DELIGHT

*2 hour, R2 400 per couple*

- 1 x Welcome Tea
- 2 x Muscle Relaxant Back and Neck Exfoliation
- 2 x Aromatherapy Back, Neck and Shoulder Massage
- 2 x Melon Seed and Baobab Facial Pressure point Massage
- 2 x Peppermint and Aloe Foot and Leg Treatment Massage
- 2 x Glasses of bubbles and Chocolates

#### Vouchers

- Choose any of the above as a gift, incentive or a thank you.
- Gift bags can be pre ordered and tailor made to your budget and need. Please ask for the Gift Bag Menu

#### Spa Policies:

- Cancellation notice needs to be given 24 hours in advance, 50% of the treatment fee will be charged if adequate time is not given to the spa
- Late arrival will result in a reduction of treatment time
- The right of admission is reserved
- Please switch off your cell phone, or put them on silent for the respect of other clients and therapists
- In room treatments can be arranged with 12-hour notice, a surplus of R100 extra will be charged
- Now you can relax, enjoy and let the stress and tension melt away