# *мени* VELD

Good food, good company and our time-crafted wines are brought to life at Veld. Rooted in the rhythms of the earth, our menu follows the seasons, with ingredients grown in our gardens, raised on our pastures, and sourced from local farmers who share our love for nutrient-rich produce. Dishes are generous, nourishing and full of integrity - respectful of South African flavours and the ingredients that make them shine.

Dinner is served from 18h00 to 21h30

#### OUR FOOD

We believe food should be life-affirming and celebratory, nourishing both body and spirit. We embrace seasonal ingredients and timeless cooking methods and focus on quality and simplicity to create food in perfect harmony with our farm's ecosystem – the soil, plants, animals, and people. That which we cannot produce ourselves is sourced from trusted local suppliers who share our commitment to regenerative farming.

#### **Farmer Angus**

Based at Spier Wine Farm, Farmer Angus regeneratively farms his vines, pigs, and cattle for the Farmer Angus brand. None of his farming practices use antibiotics, hormones, or pesticides. He also embraces biodynamic farming, a holistic approach that treats the farm as a self-sustaining ecosystem, focusing on nurturing the soil and leaving it in a better state for future generations.

#### Spier Food Garden

An old horse paddock at Spier has been transformed into a thriving food garden, from which we get most of our vegetables, lettuce, and herbs. Megan and her team care for the garden and work the land using eco-friendly and regenerative techniques.

#### Vadas Bakery

Our breads and pastries are freshly baked at Vadas Bakery on the farm. The bakery produces slow-fermented sourdough and seasonal fruit pies, using unbleached organic flour from Lowerland. They also bake their famous Pasteis de Nata daily.

#### Abalobi

Our fish comes from Abalobi, a sustainable fishing company that partners with local fishermen to promote eco-friendly practices. They source fish from nonendangered ocean species, ensuring responsible and ethical fishing methods that support both marine conservation and the local community.

## STARTERS

#### Roasted beetroot salad R195

Feta | spekboom | maple Rozendal dressing | crushed hazelnuts (V)

Spier Farmer Angus Rosé

## Farmer Angus charcuterie

Toasted baguette | piccalilli | olives

Farmer Angus Rosé or Creative Block 3

#### Marinated tomatoes R185

Chevin | za'atar | toasted baguette | balsamic | baby leaves 💿

Spier Yellowwood Rosé

#### Smoked snoek fish cake R175

Pickled West Coast mussels | fennel | bokkom tartare sauce

Spier Creative Block 2 or Seaward Chenin Blanc

#### "Mushrooms on toast" R195

Mushroom pâté | pickled shimeji | roasted king oyster | Parmesan | truffle aioli | soft poached egg | brioche 🕢

Spier Farmer Angus Chenin Blanc

#### Bobotie samosa

R185

R195

Crème fraîche raita | sambal | almonds | atchar oil | curry leaves

Spier 21 Gables Chenin Blanc

Wine recommendations listed above are not included in the price.

# MAIN COURSE

| <b>Grilled Abalobi fish</b><br>Baby potatoes  <br>marinated tomatoes   basil<br>Spier Yellowwood White                   | R295 | <b>Springbok loin</b><br>Rainbow carrots  <br>carrot purée   citrus jus<br>Spier 21 Gables Pinotage                                       | R395 |
|--|------|---|------|
| Roasted chicken<br>supreme<br>Green sauce   asparagus  <br>masala dukkha<br>Spier 21 Gables Sauvignon Blanc              | R295 | Kashmiri masala<br>cauliflower steak<br>Hummus   toasted almonds  <br>coriander yoghurt  <br>curry leaves<br>Spier 21 Gables Chenin Blanc | R255 |
| Steak cut of the day<br>Hand-cut chips  <br>garden greens  <br>Spier house emulsion<br>Spier 21 Gables Cabernet Sauvigne | SQ   | Grilled Karoo<br>lamb cutlets<br>Braised fennel  <br>confit tomatoes  <br>salsa verde<br>Spier Creative Block 5                           | R365 |
| Roasted squash<br>arancini   | R270 |   |      |

Labneh | sage | pumpkin seeds | Parmesan | sage butter

Spier Seaward Chardonnay

Wine recommendations listed above are not included in the price.

# SIDES

| Triple-cooked<br>hand-cut chips                                | R85 | <b>Roasted butternut</b><br>Labneh   sage butter  <br>pumpkin seeds | R95 |
|--|-----|---|-----|
| Hasselback potato  | R85 |   |     |
| Parmesan   cream   |     | Spier Food Garden salad   | R85 |
| Garlic & thyme<br>braised baby potatoes                        | R85 | Leaves  <br>Rozendal vinaigrette                                    |     |
|  |     | Sauce selection   | R50 |
| <b>Roasted beetroot</b><br>Beetroot purée   feta               | R95 | Red wine jus  |     |
|  |     | Mushroom ragout   |     |
|  |     | Green peppercorn sauce<br>Lemon butter                              |     |
| Green beans  | R95 | Lemon butter  |     |
| Toasted seed pesto  <br>almonds                                |     |   |     |
| <b>Rainbow carrots</b><br>Carrot purée  <br>pine nut gremolata | R95 |   |     |

## DESSERT

| <b>Rooibos ice cream</b><br>Shortbread                                  | R160 | <b>"Kalahari broffie"</b><br>Brandy tart  <br>coffee crémeux  <br>espresso ice cream  <br>brandy snap crumble | R160 |
|---|------|---|------|
| Cape Malay koe'sisters  | R160 | brandy shap crumble   |      |
| Karamonk custard  <br>tameletjie  |      | Selection of local cheese<br>Preserves   crackers   | R195 |
| Dark chocolate fondant<br>Dulcey crémeux   white<br>chocolate ice cream | R160 |   |      |

# KIDS

Plain pasta

| Mains  |      | Dessert                                  |      |
|--|------|--|------|
| Cheese toastie   chips                             | R145 | Fruit salad   ice cream                  | R95  |
| Chicken mayo toastie  <br>chips                    | R155 | Chocolate brownie  <br>vanilla ice cream | R95  |
| Crumbed chicken strips  <br>hand-cut chips         | R145 | Nutella pancakes  <br>ice cream          | R115 |
| Beef Bolognese   pasta                             | R135 | Ice cream  <br>chocolate sauce           | R95  |
| Farmer Angus frankfurter  <br>bun   hand-cut chips | R135 |  |      |
| Cheeseburger   chips                               | R145 |  |      |
|  |      |  |      |
| Sides  |      |  |      |
| Side salad   | R65  |  |      |
| Side vegetables                                    | R65  |  |      |

R65

## TASTE TERMINOLOGY

#### Charcuterie

Selection of cured meats

#### Umfino

Traditional Eastern Cape dish made with wild spinach and maize

#### Bokkom

West Coast delicacy of salted dried fish

#### Za'atar

Middle Eastern herb and spice blend

#### Aioli

Garlic mayonnaise

#### Raita

Yoghurt-based condiment served with spicy dishes

#### Sambal

Salsa or sauce that adds flavour

#### Atchar

Spicy pickle served with curries

#### Dukkha

Egyptian spice blend of seeds, nuts, and spices

#### Salsa Verde

Green sauce used in Mexican cuisine

#### Gremolata

Italian sauce made from parsley, garlic, and lemon zest

## Karamonk

Cardamom spice

#### Tameletjie

Homemade toffee or brittle from Afrikaner and Malay cultures

#### Crémeux

Custard-based dessert

#### Broffie

A blend of brandy and coffee, a nod to Afrikaans culture and "Boere Troos"

#### Amarula

Creamy liqueur made from the Marula fruit

